



Clear Space for You Clutter Support Group

1. Who benefits from our clutter support groups?

- Anyone feeling overwhelmed by the amount of clutter in their space
- Someone looking for guidance on how to complete an organizing project
- People looking for fresh ideas who enjoy interaction
- Anyone who is looking for motivation or accountability to start or complete an organizing project

2. Why would someone join it?

- Someone who wants organizational support who either can't afford an organizer or doesn't want someone to come into their home

3. What is the structure of our clutter support group?

- Our clutter support group consists of two professional organizers that moderate a group of up to four participants so that everyone has time to share and explore their projects
- During the hour sessions, both organizers moderate a discussion that supports each individual with her/his personal organizational journey

3. When do the groups meet?

- Our clutter support groups meet on Monday or Wednesday at noon or Thursday at 7:00pm Eastern Time for one hour
- The group meets weekly for four weeks each month

4. Where do the groups meet?

- All support groups meet virtually via Zoom so you can be anywhere that is convenient and comfortable for you

5. How do the groups work?

- People sign up for the session that works best with their schedule on our website [ReleaseRepurpose.com](https://releaserepurpose.com)
- They receive and pay an invoice for the four-week session
- They fill out a questionnaire that shares their goals and sign a confidentiality agreement
- They are then placed in a group



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<https://releaserepurpose.com>

6. What do the participants receive?

- Resources are shared by the organizers and by the members of the group
- At the end of each session each week, each participant receives a journal update with personal notes from the session. By the end of the month, the journal contains comments and suggestions from the entire month.
- One 30-minute private one-on-one call with one of the organizers

To read more about our clutter support group visit:

<https://releaserepurpose.com/clear-the-clutter-support-group/>